



## "HAVE YOU GOT ONE"?

Some tips on  
building an effective personality

A brief reading list

Do you know that the Boston Public Library  
has:

Free borrowing privileges for Boston residents?

Non-resident borrowing privileges for a slight fee?

Collections of books of especial interest to Young Adults?

A Readers Advisor who will prepare reading lists for you or your group?

Musical and non-musical records which may be borrowed on your Library card?

Sound motion pictures which may be borrowed for group use?

Ask about these services at the Open Shelf Department of the Central Library or at any of the Branch Libraries.

BOSTON PUBLIC LIBRARY

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The Anatomy of Happiness. Martin Gumpert.

Valid medical advice on rooting out emotional  
and physical reasons for unhappiness. 171 G974a

The Art of Clear Thinking. Rudolf F. Flesch.

A psychologist tells in lively style what thinking  
is and how to spot your own and other people's  
fallacies in thinking. 153 F611

Bert Bacharach's Book for Men. Bert Bacharach.

The stag's questions on clothing, health, manners,  
and living are answered by a men's Fashion  
Editor. 395 B121

The Best Things in Life. Harry Hepner.

How to extend your interests and develop new  
ways of thinking, so that your perspective and  
personality will benefit. 170 H529b

Charm, Beauty and Personality for Success.

Edyth T. McLeod.

Femininity and individuality can be achieved by  
all. 646.7 M165c

Complete Book of Etiquette. Amy Vanderbilt.

"A guide to gracious living" for social know-how  
and poise. 395 V228

Do Your Own Thinking. Charles H. Scherf.

Improvement is possible in our attitudes and  
behavior, our personality and speech. 150 S326d

Guide Book for the Young Man About Town.

Norton H. Jonathan.

"The way to more popularity and personality for  
modern young men." 170 J76g

How to Carry on a Conversation. Grace S. Nutley.

Good taste in conversation, ways to build a  
speaking vocabulary, and the dividends of listening  
attentively are some of the points in this  
helpful book. 395 N976h

How to Win Friends and Influence People.

Dale Carnegie.

A popular book based on the importance of developing a genuine interest in other people and demonstrating ways of pleasing people. 150 C289

Live and Help Live. Samuel H. Kraines and E. S. Thetford.

Being a balanced intelligent human being means facing facts and recognising one's emotional responses to each of life's situations.

150 K89L

Maggy Daly's Guide to Charm. Marguerite Daly.

A fashion model gives directions for looking and dressing your best on a budget. 646 D153m

The Mature Mind. Harry A. Overstreet.

Acknowledging immaturities is the first step in growing out of them. 136 096m

On Being a Real Person. Harry E. Fosdick.

A guide to self-examination, in terms of the men and women who have brought their personal problems to Dr. Fosdick. 137 F748o

Probing Our Prejudices. Hortense Powdermaker.

Because prejudice affects our personalities and does harm to people, it is well to know how to recognise and deal with it. 323 P881

Secrets of Charm. John R. Powers.

For a new you, glamorize your face, figure and your dress. 6467 P888s

Why Be Shy? Louis E. Bisch.

Conquer self-consciousness and develop confidence in everyday, business, and social worlds. 153 B62lw

You and Your Personality. Esther E. Brooke.  
The person you appear to be, the person you  
are, and the person you can become. 137 B872y

Prepared by the  
Readers Advisor for Young Adults